

# Arthur L.



Team Member Since: 2009

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Health and Fitness
- Sports
- Nutrition
- Dirt and Mountain Biking



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 862

