

Darren V.



**Certified Personal Trainer
Fitness Manager
Team Member Since: 2012**

Education & Certifications

- BA in MARINE TECHNOLOGY from NATIONAL UNIVERSITY
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- SURFING
- CROSSFIT
- SPEAR FISHING
- SNOWBOARDING
- SWIMMING



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24hourfitness.com/personaltraining

Club ID: 862