

Trevor B.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- History/Physical Education from Irvine Valley College
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Competitive Swimmer for 15 Years
- Cross Country and Track Runner and Coach for 2 years
- Basketball Player for 3 Years



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 863

