

# Eli G.



**Certified Personal Trainer  
Team Member Since: 2018**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Professional Basketball in Beijing, China, Istanbul, Turkey and Kyrgyzstan
- Hunting/Fishing
- Outdoors/Hiking
- Basketball/Football
- Weight Lifting



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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 869