

Gerald S.

Education & Certifications

- BS in Criminal Justice from San Diego State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- Former NCAA Football player at San Diego State University
- Former NFL player for Kansas City Chiefs and New York Jets
- Bodybuilding



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24hourfitness.com/personaltraining

Club ID: 872

