

Raymond R.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Master Trainer
Fitness Manager
Team Member Since: 2005

Hobbies and Achievements

- Grilling
- Sports nutrition
- Baseball
- Camping
- Playing horse shoes



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 872

