

# Christine M.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- Studied Personal Training at Mueller College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Volleyball/Beach Volleyball
- Basketball
- Rock Climbing
- Social Networking/Computers



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 880