

Melissa C.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Foods and Nutrition from San Diego State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Running for Charity 5Ks, 10Ks
- Mud Runs & Fun Runs
- Hiking



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 880