

# Melissa C.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Foods and Nutrition from San Diego State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Running for Charity 5Ks, 10Ks
- Mud Runs & Fun Runs
- Hiking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 880