

Zaid A.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BA in Computers
- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Running
- Swimming
- Lifting weights
- Driving sport cars
- Reading



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 880