

Stephanie E.



Certified Personal Trainer
Team Member Since: 2014

Education & Certifications

- BS in Kinesiology: Exercise Science from California Polytechnic University: Pomona
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Dirt Biking
- Skiing
- Working out
- Running Road races with my dad and little brother
- Track and Field 8 years high school and College



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24hourfitness.com/personaltraining

Club ID: 884