

Jacob G.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Associates of Science from Diablo Valley College with Emphasis in PT, 2013
- Assistant Distance Track Coach for Antioch High School, 2006
- Collegiate Track and Cross Country Athlete - DVC, 2012 -13
- Triathlete, 2009 - Present



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 885

