

Scott M.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology - Exercise Science from Humboldt State University
- AED (Automated External Defibrillator)
- CPR Certification
- USA Weightlifting Certification

Hobbies and Achievements

- Playing and Coaching Soccer
- Cooking
- HSU Mens Soccer '07-'11
- Pursuing a Masters Degree at Sacramento State for Strength and Conditioning
- Seeing Movies



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24hourfitness.com/personaltraining

Club ID: 885