

# Will L.



**Group X Instructor**  
**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Business Administration from University of California Riverside
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Strength Training
- Cycling
- Hiking
- Les Mills BodyPump and BodyCombat Instructor
- Les Mills GRIT Coach



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 885