

# JJZack S.



**Certified Personal Trainer  
Team Member Since: 2000**

## Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

## Hobbies and Achievements

- AFFA - Certified Personal Trainer - 2000
- CMTTC - Certified Massage Therapist - 2010
- Playing Baseball and Softball
- Going to the Beach and Playing Volleyball
- Playing Football with Friends



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 886