

# Matt H.



**Certified Personal Trainer**  
**Team Member Since: 2014**

## Education & Certifications

- AAI-ISMA - Personal Fitness Trainer 1
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Boxing
- Guitar
- Movies
- Live Shows



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 886