

Reilly C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from Washington State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Endurance sports
- Habitat for Humanity volunteer
- Playing piano
- Published and presented exercise motivation research, 2012 & 2013



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24hourfitness.com/personaltraining

Club ID: 886