

Skyler M.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Kinesiology from San Jose State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Football Training and Coaching
- Track and Field
- Basketball
- Healthy Cooking



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 887