

Alister C.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Biology and Secondary Education from Cornell College
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Reading
- Lifting weights
- Gardening



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 890