

Kyle M.



Master Trainer
Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Communications / Marketing from University of Tulsa
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Athletic performance
- Volleyball
- Snowboarding
- Surfing
- Cooking and eating



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 890

