

Mary N.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from Humboldt State Univeristy
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Fun Runs
- Hiking
- Food Tasting / Cooking
- Olympic Lifting



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 890