

Aislinn M.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from Auburn University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Competitive gymnast for 17 years
- Coached gymnastics for 5 years
- Love being outdoors, surfing, snowboarding, hiking
- Yoga



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 891