

Ellen W.



Team Member Since: 2011

Education & Certifications

- BA in Fashion Merchandising from California State University, Long Beach
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Pilates & Dance
- Health & Wellness
- Wake-boarding & Snow Skiing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 891

