

George L.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Soccer - 10 years
- Track - 100, 200, 400, 400 hurdles
- Pole vault coach club and high school coach for 6 years
- Reno National Competition D3 runner up



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 891