

Shaun J.



Team Member Since: 2005
Sessions Serviced: 5,000 +

Education & Certifications

- BA in Film Studies from University of Michigan
- BS in Political Science from University of Michigan
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Philosophy
- Competitive Body Building
- Nintendo World Championship Finalist



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24hourfitness.com/personaltraining

Club ID: 891

