

Clarissa L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Amateur Boxing Experience
- Marathon Runner
- Dance
- Pilates
- Participated in Track and Field, Volleyball, Basketball, Cheerleading



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24hourfitness.com/personaltraining

Club ID: 892

