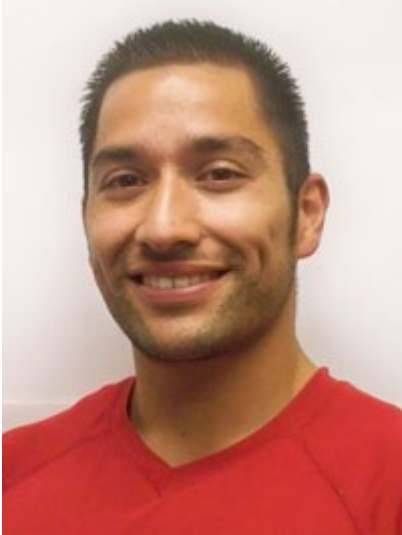


Jorge M.



Master Trainer
Fitness Manager
Team Member Since: 2005
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology from San Diego State University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Competitive bodybuilding
- Avid soccer player
- Marathon participant
- Mentor youth sports program



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 892

