

Quinn C.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BS in Advertising from The Art Institute of CA - San Diego
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 8 years gymnast
- 2 years gymnastics coach
- Competitive diver and swimmer
- Flag Football



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 892

