

Adrianna D.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BA in Kinesiology from Whittier College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Hall of Fame List at Whittier College in 2012
- Top 10 List Cross Country Runner at Whittier College in 2012
- Currently Training for a Triathlon 2013



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24hourfitness.com/personaltraining

Club ID: 893

