

Nathan H.

Education & Certifications

- BS in Applied Exercise Science from Azusa Pacific University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Football, since I was 9 years old
- Wakeboarding
- Motivational speaking
- Strength training



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Club ID: 893

