

# Nicole M.



**Master Trainer**  
**Team Member Since: 2002**  
**Sessions Serviced: 10,000 +**

## Education & Certifications

- BS in Kinesiology from California Baptist University
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Traveling Internationally
- Playing Basketball
- Expressing my artistic abilities



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 893

