

Arlene W.



**Certified Personal Trainer
Team Member Since: 2006**

Education & Certifications

- AFAA Group X
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Spending time with family
- Disneyland
- Dancing
- Zumba
- The beach



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 903