

Trystan T.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Exercise Science from Cal State University, Northridge
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Dancing
- Being around my dog
- Extreme sports
- Going to the beach
- Exercising



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 903