

Eric F.

Education & Certifications

- BA in Culinary from Algonquin College of Applied Arts and Technology
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Cycling
- Cooking
- Acting
- Working with people with autism



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 904

