

Jorge A.



Master Trainer
Team Member Since: 2002
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Business from Whittier College
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Philosophy
- Poetry
- Philanthropy



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Club ID: 905