

Remy C.



**Certified Personal Trainer
Fitness Manager
Team Member Since: 2011**

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- TC24 Coach

Hobbies and Achievements

- Spin Instructor since 2011
- Hiking
- Running
- crossfit



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 905