

# Anita R.



**Team Member Since: 2007**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist

## Hobbies and Achievements

- NPC Amateur Bikini Champion 2011



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 906

