

# Joseph S.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Applied Exercise Science from Azusa Pacific University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Working out is my life and my death
- Triple certified by the age of 21



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)