

Caryn A.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology: Exercise Science from California State University, Long Beach
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Rowing
- Hiking
- Outdoor activities



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 910

