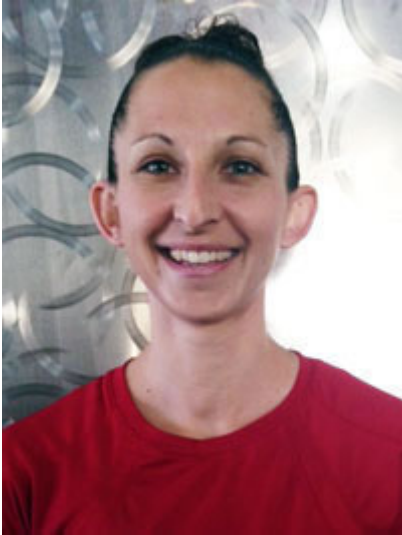


# Sarah Q.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Business from Baylor University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Workout with the family



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 910

