

# Kyle D.



**Certified Personal Trainer**  
**Team Member Since: 2009**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer

## Hobbies and Achievements

- 3rd Degree Black Belt Shotokan Karate
- Lifeguard
- Rock Climbing
- Avid Musician



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 914