

# Amanda M.

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2009**

## Hobbies and Achievements

- Rock climbing
- Sky diving
- Hiking
- Dancing



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)