

Adam K.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- Kinesiology from Cal State Fullerton
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Snowboarding
- Avid Motorcycle Rider
- Football
- Basketball
- Member of the Carls Jr. Burger Slayer Club



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 922