

# Adam K.



**Certified Personal Trainer  
Team Member Since: 2012**

## Education & Certifications

- Kinesiology from Cal State Fullerton
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Snowboarding
- Avid Motorcycle Rider
- Football
- Basketball
- Member of the Carls Jr. Burger Slayer Club



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 922