

Erica C.



**Certified Personal Trainer
Fitness Manager
Team Member Since: 2010**

Education & Certifications

- BS in Exercise Science from Ball State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Spending time with my husband
- Working out
- Gymnastics



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 923