

# Brent S.



**Certified Personal Trainer**  
**Team Member Since: 2001**  
**Sessions Serviced:5,000 +**

## Education & Certifications

- BA in in Nursing from Pacific Union College
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- Professional Fitness Instructor Training - Rehabilitative Exercise Specialist

## Hobbies and Achievements

- Cooking ethnic cuisine
- Raising my newborn
- Camping/Pathfinders Counselor



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 954

