

Dakota U.



Master Trainer
Fitness Manager
Team Member Since: 2009

Education & Certifications

- BA in Advertising from California State University San Jose
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Roller Derby
- French Bulldogs
- Harley Davidson motorcycles
- Writing children books



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 954

