

# Jonathan U.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Health & Human Performance/Fitness Management from George Fox University
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Hiking
- Motorcross
- Snow boarding
- Learning about nutrition, weight loss and weight training



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 954

