

Jon H.



Certified Personal Trainer
Team Member Since: 2015

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- fitness modeling
- program design
- bodybuilding
- air brush artist
- class B feller/wildland firefighter.



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 955