

Lesley D.



Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2013
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Human Physiology from University of Oregon
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Yoga Instructor, 2015
- Rock Climbing
- Sasquatch Hunting
- Rafting
- Backpacking and Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 955