

Wendy H.



Certified Personal Trainer
Master Trainer
Assistant Fitness Manager
Team Member Since: 2006
Sessions Serviced: 15,000 +

Education & Certifications

- BA in Woman Studies from Portland State University
- BA in Psychology from Portland State University
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Active in the N7 movement
- Home remodeling
- Therapy Dog Training
- Wrestling with Pitbulls



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 955

