

Chelsea R.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Health and Exercise Science, Sports Medicine from Colorado State University
- BA in Theatre Technical Design from Colorado State University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Marathon Runner, Running
- Hiking
- Lifting
- Reading
- SAG member since 2012



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 956